

May 2018

Barkhamsted Elementary School

LUNCH



Alt 4/30-5/04 BLT Salad with Turkey, Dinner Roll
5/07-5/11 Deli Meat Grinder
5/14-5/18 Tuna Fish Sandwich
5/21-5/25 Grilled Cheese Sandwich
5/28-6/01 Egg Salad Sandwich



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

Monday



Tuesday

Wednesday

Thursday

Friday

Bagel (Plain, Cream Cheese, or Butter) **7**
Boiled Egg
Raw Veggies
Assorted Fruit

Beef Nachos With All The Fixings **8**
Brown Rice
Baked Beans
Sweet Corn
Assorted Fruit

Spaghetti With Meat Sauce **9**
WW Bread and Butter
Cooked Carrots
Assorted Fruit

Barbecue Chicken Strips **10**
Brown Rice
Mixed Vegetable
Assorted Fruit

BIG Daddy Cheese OR **11**
Pepperoni Pizza
Steamed Broccoli
Assorted Fruit

Cereal Bowl and Granola **14**
Ham Slice
American Cheese
Raw Veggies
Assorted Fruit

Grilled Ham and Cheese **15**
Sandwich, Crinkle Fries
Cooked Carrots
Assorted Fruit

Chicken Alfredo With Penne **16**
Warm Dinner Roll
Steamed Broccoli
Assorted Fruit

Chicken Fillet On A Roll **17**
Crinkle Fries
Baked Beans
Assorted Fruit

Stuffed Cheese **18**
Bosco Stick
Marinara Sauce
Corn Kernel
Assorted Fruit

Mini Pancakes, Syrup **21**
Scrambled Eggs
Potato Wedges
Raw Veggies
Assorted Fruit

Baked Potato Bar **22**
Homemade Chili
Cornbread
Broccoli, Baked Beans
Assorted Fruit

Cheese Ravioli With Meatballs and Red Sauce **23**
WW Bread & Butter
Tossed Salad
Assorted Fruit

Chicken Tenders **24**
Macaroni Salad
Raw Veggie Cup
Corn Kernel
Assorted Fruit

Tony's Galaxy Single Serv **25**
Cheese Pizza
Mixed Vegetables
Assorted Fruit

No School
Memorial Day!

Hotdog On A WW Roll **29**
Chick Pea Salad
Potato Wedges
Assorted Fruit

Pasta With Meat Sauce **30**
WW Bread & Butter
Butternut Squash
Assorted Fruit

Homemade Chili **31**
Tostitos Scoops, Brown Rice
Corn Kernel
Assorted Fruit

