

Alt 02/25-03/01 Bagel W/Cream Cheese, Butter or Peanut Butter, Ham Slice  
 03/04-03/08 Tuna Fish Sandwich  
 03/11-03/15 Tuna Melt Sandwich  
 03/18-03/22 Egg Salad Sandwich  
 03/25-03/29 Deli Turkey and Cheese on a WW Roll



Five food components are offered with each lunch – milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85  
 “THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”



### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

4  
 Cereal Bowl Choice  
 Giant Grahams Goldfish  
 Ham Slice  
 Raw Veggies  
 Assorted Fruit

5  
 Beef Nachos and fixings  
 Brown Rice  
 Corn Kernel  
 Baked Beans  
 Assorted Fruit

6  
 Pasta with a Red Sauce and Meatballs  
 WW Bread and Butter  
 Mixed Vegetables  
 Assorted Fruit

7  
 Grilled Cheese Sandwich  
 Campbell’s Chicken Noodle or Tomato Soup  
 Raw Veggies, Assorted Fruit

8  
 Tony’s Single Serve Cheese Pizza  
 Steamed Broccoli  
 Assorted Fruit

11  
 Breakfast Sandwich to order:(egg patty, sausage patty, American cheese) on bagel, Raw Veggie Cup, Sweet Potato Fries, Assorted Fruit

12  
 Hamburger or Cheeseburger on a WW Roll  
 Pickles  
 Crinkle Fries  
 Assorted Fruit

13  
 Spaghetti With Red Sauce, Breaded Chicken Filet  
 WW Bread and Butter  
 Steamed Broccoli  
 Assorted Fruit

14  
 Hotdog on a WW Roll  
 Baked Beans  
 Assorted Fruit

15  
 Big Daddy Cheese or Pepperoni Pizza  
 Cooked Carrots  
 Assorted Fruit

18  
 Mini Waffles, Syrup  
 Yogurt  
 American Cheese  
 Raw Veggie Cup  
 Assorted Fruit

19  
 Chicken and Gravy  
 WW Dinner Roll  
 Butternut Squash  
 Cranberry Sauce, Corn  
 Assorted Fruit

20  
 Cheese Ravioli  
 Meatballs, Red Sauce  
 WW Bread and Butter  
 Mixed Vegetable  
 Assorted Fruit

21  
 Homemade Chili  
 Tostitos Scoops  
 Brown Rice  
 Baked Beans  
 Assorted Fruit

22  
 Single Served Cheese  
 Galaxy Pizza  
 Steamed Broccoli  
 Assorted Fruit

25  
 Turkey Sausage  
 Breakfast Pizza Square  
 Corn Kernel  
 Assorted Fruit

26  
 Sloppy Joes on a WW Roll  
 Mixed Vegetables  
 Assorted Fruit

27  
 Chicken Alfredo with Penne  
 Warm Dinner Roll  
 Steamed Broccoli  
 Assorted Fruit

28  
 Cheeseburger or Hamburger on a WW Roll  
 Baked Beans  
 Pickles  
 Assorted Fruit

29  
 Big Daddy Cheese or Pepperoni Pizza  
 Cooked Carrots  
 Assorted Fruit