

March 2018

Barkhamsted Elementary School

LUNCH

Alt: 2/26-3/02 Bagel, Yogurt, Sliced Am. Cheese
3/05-3/09 Deli Turkey and Cheese on Crown Roll
3/12-3/16 Deli Meat Grinder
3/19-3/23 Egg Salad Sandwich
3/26-3/29 Grilled Cheese Sandwich



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85
"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"



Monday



Tuesday



Wednesday

Thursday

Friday

Cereal Bowl
Granola, Ham Slice
Raw Veggies
Sweet Potato Fries
Assorted Fruit

5

Chicken Tenders
Brown Rice
Cooked Carrots
Baked Beans
Assorted Fruit

6

Cheese Ravioli With
Meatballs and Red Sauce
WW Dinner Roll
Steamed Broccoli
Assorted Fruit

7

Hamburger Patty OR
Cheeseburger On A WW Roll
Crinkle Fries
Pickles
Assorted Fruit

8

Tony's Deep Dish
Single Cheese Pizza
Peas
Assorted Fruit

9

Mini French Toast
Syrup
Yogurt, Cheese Slices
Raw Veggie Cup
Assorted Fruit

12

Homemade Chili
Tostitos Scoops
Baked Beans
Corn
Assorted Fruit

13

Spaghetti With Meat
Sauce
WW Bread and Butter
Cooked Carrots
Assorted Fruit

14

Barbecue Chicken Strips
Brown Rice
Mixed Vegetable
Assorted Fruit

15

Stuffed Cheese
Bosco Stick
Marinara Sauce
Steamed Broccoli
Assorted Fruit

16

Mini Pancakes
Syrup
Ham Cubes
Sweet Potato Fries
Assorted Fruit

19

Beef Nachos with all
the Fixings
Brown Rice, Baked Beans
Sweet Corn
Assorted Fruit

20

Chicken Alfredo With
Penne
Warm Dinner Roll
Steamed Broccoli
Assorted Fruit

21

Grilled Cheese Sandwich
Campbell Tomato Soup
Cooked Carrots
Assorted Fruit

22

BIG Daddy Cheese OR
Pepperoni Pizza
Peas
Assorted Fruit

23

Bagel (Plain, Cream
Cheese, or Butter)
Sausage Links, Sliced Am.
Cheese, Raw Veggies
Assorted Fruit

26

Hamburger Patty OR
Cheeseburger On A WW Roll
Potato Wedges
Carrots
Assorted Fruit

27

Pasta With Meat Sauce
WW Bread & Butter
Peas
Assorted Fruit

28

Tony's Single Serve Pizza
Steamed Broccoli
Assorted Fruit

29

**No School
Good Friday**

30