



Alt: 01/02-01/05 Tuna Melt Sandwich
 01/08-01/12 Bagel with Cream Cheese or Butter, Yogurt, Cheese Slice
 01/16-01/19 Turkey & Cheese on a Crown Roll
 01/22-01/26 Egg Salad Sandwich
 01/29-02/02 Ham & Cheese on a Crown Roll



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85
 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"



Monday

Tuesday

Wednesday

Thursday

Friday

No School 1

Winter Break

Hamburger Patty OR 2
Cheeseburger on WW Roll
Baked Beans
Assorted Fruit

Cheese Ravioli with 3
Meat Balls and Red Sauce
WW Bread & Butter
Peas
Assorted Fruit

Grilled Cheese Sandwich 4
Campbell's Chicken Noodle
OR Tomato Soup
Cooked Carrots
Assorted Fruit

Stuffed Cheese 5
Bosco Stick
Marinara Sauce
Steamed Broccoli
Assorted Fruit

Mini Pancakes 8
Syrup
Ham Cubes
Sweet Potato Fries
Assorted Fruit

Sloppy Joes On A WW 9
Roll
Mixed Vegetables
Assorted Fruit

Spaghetti With Meat 10
Sauce
WW Bread and Butter
Steamed Broccoli
Assorted Fruit

Chicken Tenders 11
Rice Pilaf
Cooked Carrots
Baked Beans
Assorted Fruit

Bosco Stuffed Crust 12
Cheese OR Pepperoni Pizza
Tossed Salad
Assorted Fruit

No School 15

Martin Luther King, Jr.
Day

Hotdog On A WW Roll 16
Baked Beans
Potato Wedges
Assorted Fruit

Chicken Alfredo With 17
Penne
Warm Dinner Roll
Steamed Broccoli
Assorted Fruit

Grilled Ham and Cheese 18
On A Ciabatta Roll
Campbell's Chicken Noodle
OR Tomato Soup
Carrot Sticks & Assorted Fruit

BIG Daddy Cheese or 19
Pepperoni Pizza
Cooked Carrots
Assorted Fruit

Cereal Bowl 22
Granola
Boiled Eggs
Raw Veggies
Assorted Fruit

Homemade Chicken 23
Pot Pie
With A WW Biscuit Topping
Tossed Salad
Assorted Fruit

Pasta with Red Sauce 24
Meatballs
WW Bread & Butter
Steamed Broccoli
Assorted Fruit

Beef Nachos With All The 25
Fixings
Brown Rice
Baked Beans
Sweet Corn
Assorted Fruit

Tony's Galaxy Single Serv 26
Cheese Pizza
Peas
Assorted Fruit

Mini French Toast 29
Syrup
Yogurt and Cheese Slices
Raw Veggie Cup
Assorted Fruit

Hamburger Patty OR 30
Cheeseburger On A WW Roll
Crinkle Fries
Peas
Assorted Fruit

Pasta With Meat Sauce 31
WW Bread & Butter
Cooked Carrots
Assorted Fruit

