



Alt: 1/29-2/02 Ham & Cheese on A Crown Roll
 2/05-2/09 Chef Salad, WW Dinner Roll
 2/12-2/16 Grilled Cheese Sandwich
 2/21-2/23 Egg Salad Sandwich
 2/26-3/02 Bagel, Yogurt, Sliced Am. Cheese



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85
 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"



Monday

Tuesday

Wednesday

Thursday

Friday



Pasta With Meat Sauce
 WW Bread & Butter
 Cooked Carrots
 Assorted Fruit

Chicken Tenders **1**
 Rice Pilaf
 Steamed Spinach
 Roasted Chick Peas
 Assorted Fruit

Bosco Stuffed Crust Cheese **2**
 OR Pepperoni Pizza
 Tossed Salad
 Assorted Fruit

Bagel (Plain, Cream Cheese, or Butter) **5**
 Sausage Links, Sliced Am. Cheese, Raw Veggies
 Assorted Fruit

Chicken and Gravy Dinner Roll **6**
 Mashed Potato, Carrots, Cranberry Sauce
 Assorted Fruit

Cheese Ravioli With Meat Balls and Red Sauce **7**
 WW Bread & Butter
 Tossed Salad
 Assorted Fruit

Hotdog On A WW Roll **8**
 Chick Pea Salad
 Potato Wedges
 Assorted Fruit

Tony's Single Serve Pizza **9**
 Steamed Broccoli
 Assorted Fruit

Cereal Bowl **12**
 Granola
 Boiled Eggs
 Raw Veggies
 Assorted Fruit

Baked Potato Bar **13**
 Homemade Chili
 Cornbread
 Broccoli, Baked Beans
 Assorted Fruit

Spaghetti With Meat Sauce **14**
 WW Bread and Butter
 Corn Kernel
 Assorted Fruit

Grilled Turkey and Cheese on A Ciabatta Roll **15**
 Campbell's Chicken Noodle
 OR Tomato Soup
 Carrot Sticks, Assorted Fruit

Stuffed Cheese **16**
 Bosco Stick
 Marinara Sauce
 Peas
 Assorted Fruit

No School **19**
 President's Day

No School **20**
 Winter Break

Pasta With Meat Sauce **21**
 WW Bread & Butter
 Cooked Carrots
 Assorted Fruit

Sweet n' Sour **22**
 Chicken Strips
 Brown Rice
 Mixed Vegetable
 Assorted Fruit

BIG Daddy Cheese OR **23**
 Pepperoni Pizza
 Steamed Broccoli
 Assorted Fruit

BES McMuffin – Egg and **26**
 Sausage Patty On A English Muffin
 Raw Veggie Cup
 Assorted Fruit

Hamburger Patty OR **27**
 Cheeseburger On WW Roll
 Baked Beans
 Crinkle Fries
 Assorted Fruit

Chicken Alfredo with Penne **28**
 Warm Dinner Roll
 Steamed Broccoli
 Assorted Fruit

