

April 2018

Barkhamsted Elementary School

LUNCH



Alt: 04/02-04/06 Grilled Cheese Sandwich
 04/09-04/13 Deli Meat Grinder
 04/16-04/20 NO SCHOOL SPRING BREAK
 04/23-04/27 Tuna Fish Sandwich
 04/30-05/04 BLT Salad with Turkey, Dinner Roll



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85
 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"



Monday

Cereal Bowl
 English Muffin OR Biscuit
 Ham Slice
 Raw Veggie Cup
 Assorted Fruit **2**

Tuesday

Hotdog On A WW Roll **3**
 Cooked Carrots
 Potato Wedges
 Assorted Fruit

Wednesday

Pasta With Bosco Stuffed **4**
 Cheese Stick
 Marinara Sauce
 Steamed Broccoli
 Assorted Fruit

Thursday

Homemade Chili **5**
 Tostito Scoops
 Brown Rice
 Baked Beans, Celery Sticks
 Assorted Fruit

Friday

Bosco Stuffed Crust **6**
 Cheese OR Pepperoni Pizza
 Peas
 Assorted Fruit

Mini Pancakes **9**
 Syrup
 Boiled Egg
 Potato Wedges, Raw Veggies
 Assorted Fruit

Chicken Tenders **10**
 Macaroni Salad
 Celery and Carrot Sticks
 Baked Beans
 Assorted Fruit

Spaghetti With Meat **11**
 Sauce
 WW Bread and Butter
 Cooked Carrots
 Assorted Fruit

Meatball Grinder **12**
 Raw Veggies
 Steamed Broccoli
 Assorted Fruit

Tony's Galaxy Single Serv **13**
 Cheese Pizza
 Corn Kernel
 Assorted Fruit

No **16**
School

SPRING **17**
BREAK

ENJOY!!! **18**

SPRING **19**

20

Mini French Toast **23**
 Syrup
 Yogurt, Cheese Slices
 Raw Veggie Cup
 Assorted Fruit

Hamburger Patty OR **24**
 Cheeseburger On A WW Roll
 Crinkle Fries, Baked Beans
 Assorted Fruit

Cheese Ravioli with **25**
 Meat Balls and Red Sauce
 WW Dinner Roll
 Steamed Broccoli
 Assorted Fruit

Sweet n' Sour Chicken **26**
 Strips
 Brown Rice, WW Bread &
 Butter, Cooked Carrots
 Assorted Fruit

BIG Daddy Cheese OR **27**
 Bacon Pizza
 Tossed Salad
 Assorted Fruit

30
 Mini Waffles, Syrup
 Ham Slices, Potato Wedges,
 Raw Veggies
 Assorted Fruit



SUBSTITUTES IN THE
 CAFETERIA ALWAYS NEEDED.
 PLEASE CALL FOR MORE
 INFORMATION 860-379-2729
 x305

