

# May 2017

## BARKHAMSTED ELEMENTARY SCHOOL

### LUNCH

05/01-05/05 Grilled Ham & Cheese Sandwich  
05/08-05/12 Tuna Melt  
05/15-05/19 Turkey & Cheese Sandwich  
05/22-05/26 Tony's Single Serve Cheese Pizza  
05/30-06/02 Homemade Chili, Brown Rice, Tostitos Scoops



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.75

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"

### Monday

Cereal Choice **1**  
Boiled Egg  
Home Fries  
Raw Baby Carrots  
Fruit Choice

### Tuesday

All White Chicken **2**  
Filet  
Pasta Salad  
Corn Kernel  
Fruit Choice

### Wednesday

Pasta W/Meat **3**  
Sauce  
Banana Bread Square  
Green Beans  
Fruit Choice

### Thursday

Hamburger OR **4**  
Cheeseburger On A  
WW Roll  
Cooked Carrots  
Baked Beans  
Fruit Choice

### Friday

Stuffed Bosco Cheese **5**  
Stick With Marinara  
Dipping Sauce  
Broccoli  
Fruit Choice

Bagel With Butter OR **8**  
Cream Cheese, Yogurt  
String Cheese  
Raw Veggie Cup  
Fruit Choice

Grilled Cheese **9**  
Sandwich  
Cooked Carrots  
Baked Beans  
Fruit Choice

Spaghetti With Meat **10**  
Sauce  
WW Bread & Butter  
Sweet Peas  
Fruit Choice

Chicken Pot Pie With **11**  
A WW Biscuit Topping  
Green Beans  
Fruit Choice

Bosco Stuffed Crust **12**  
Cheese OR Pepperoni  
Pizza  
Steamed Broccoli  
Fruit Choice

Scrambled Eggs **15**  
Cinnamon Roll  
Hash Brown Potato Patty  
Raw Baby Carrots  
Fruit Choice

Sweet & Sour **16**  
Chicken Strips  
Brown Rice Pilaf  
Corn  
Fruit Choice

Macaroni With Meat **17**  
Sauce  
Stuffed Bosco Cheese Stick  
Steamed Broccoli  
Fruit Choice

Hotdog On A WW **18**  
Roll  
Baked Beans  
Mixed Vegetable  
Fruit Choice

Big Daddy Rolled **19**  
Edge Cheese Pizza  
Cooked Carrots  
Fruit Choice

Mini Waffles **22**  
Syrup  
Ham Cubes  
Roasted Potato Wedges  
Fruit Choice

BBQ Chicken **23**  
Macaroni Salad  
Cooked Carrots  
Baked Beans  
Fruit Choice

Penne W/Meat **24**  
Sauce  
WW Bread & Butter  
Steamed Broccoli  
Fruit Choice

Beef Tacos With **25**  
All The Fixings  
Corn Kernel  
Fruit Choice

Bosco Cheese Stick **26**  
Marinara Sauce  
Green Beans  
Fruit Choice

**NO SCHOOL**  
**MEMORIAL**  
**DAY!**



Hamburger OR **30**  
Cheeseburger On A  
WW Roll, Peas  
Baked Beans  
Fruit Choice

Pasta W/Meat **31**  
Sauce  
WW Bread & Butter  
Corn Kernel  
Fruit Choice

