

December 2017

Barkhamsted Elementary School



Alt 12/01 Deli Turkey & Cheese Sandwich
 12/04-12/08 Grilled Cheese Sandwich
 12/11-12/15 Egg Salad Sandwich
 12/18-12/22 Tuna Fish Sandwich



Five food components are offered with each lunch - milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c fruit or vegetable. Lunch menu subject to change. Lunch \$2.85
 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"



Monday



Tuesday

Wednesday



Thursday

Friday

Bosco Stuffed Crust **1**
 Cheese OR Pepperoni Pizza
 Green Beans
 Assorted Fruit

Mini French Toast **4**
 Syrup
 Ham Cubes
 Roasted Potato Wedges
 Assorted Fruit

Chicken Tenders **5**
 Buttered Noodles
 Cooked Carrots
 Baked Beans
 Assorted Fruit

Cheese Ravioli With **6**
 Meat Balls and Red Sauce
 Warm WW Dinner Roll
 Peas
 Assorted Fruit

Grilled Ham and Cheese **7**
 On A Ciabatta Roll
 Campbell's Chicken Noodle
 OR Tomato Soup, Carrot Sticks
 Assorted Fruit

Stuffed Cheese **8**
 Bosco Stick Marinara Sauce
 Steamed Broccoli
 Assorted Fruit

Mini Pancakes **11**
 Syrup
 Sausage Links
 Raw Veggie Cup
 Assorted Fruit

Hamburger Patty OR **12**
 Cheeseburger On WW Roll
 Baked Beans
 Crinkle Fries
 Assorted Fruit

Spaghetti With Meat **13**
 Sauce
 WW Bread and Butter
 Steam Broccoli
 Assorted Fruit

Turkey and Gravy **14**
 Dinner Roll
 Mashed Potato, Carrots
 Cranberry Sauce
 Assorted Fruit

Big Daddy Cheese Pizza **15**
 Corn Kernel
 Assorted Fruit

Scrambled Eggs **18**
 Sausage Patty
 English Muffin
 Sweet Potato Fries
 Assorted Fruit

Sweet n' Sour Chicken **19**
 Strips
 Brown Rice
 Mixed Vegetable
 Assorted Fruit

Chicken Alfredo With **20**
 Penne
 Warm Dinner Roll
 Steamed Broccoli
 Assorted Fruit

Hotdog On A WW Roll **21**
 Baked Beans
 Celery Sticks
 Assorted Fruit

Tony's Galaxy Single Serv **22**
 Cheese Pizza
 Corn
 Assorted Fruit

25
 No School

26
 Winter

27
 Break!!!

28
 Enjoy☺

29